



Niagara Falls lit orange for Color The World Orange™ 2016

## How to Get Involved

- Wear orange and post a picture to social media with the hashtag #CRPSORANGEDAY
- Hand out orange ribbons
- Speak with local media about running a story on CRPS/RSD
- Plan a restaurant night with a portion of the profits donated to a CRPS/RSD non-profit
- Ask local businesses to hang a Color The World Orange™ sign and display pamphlets
- Ask officials to grant a proclamation recognizing Color The World Orange™ and CRPS/RSD

# Color The World Orange™

## Where to Find Us

### Website:

[www.colortheworldorange.com](http://www.colortheworldorange.com)

### Facebook:

[www.facebook.com/ColorTheWorldOrange](https://www.facebook.com/ColorTheWorldOrange)

### Twitter:

<https://twitter.com/CRPSOrangeDay>

### Instagram:

<http://instagram.com/colortheworldorange>

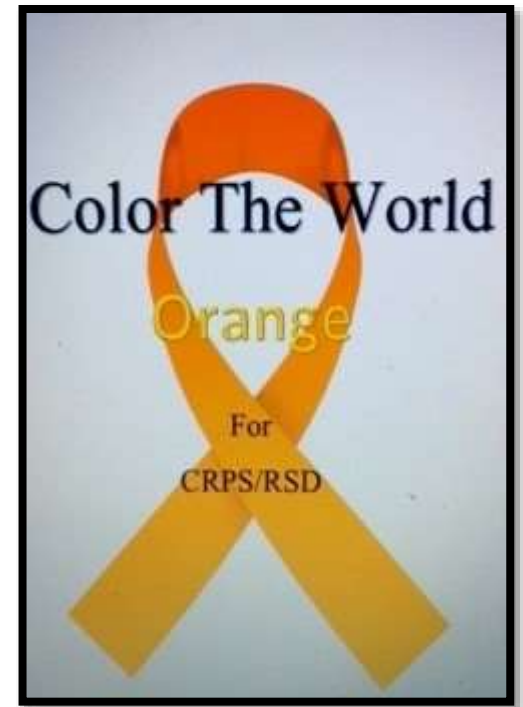
### Pinterest:

[www.pinterest.com/CRPSORANGEDAY](http://www.pinterest.com/CRPSORANGEDAY)

### about.me:

<http://about.me/crpsorangeday>

**#CRPSORANGEDAY™**



**November 6, 2017**

*It's a new day in the  
fight against Complex  
Regional Pain  
Syndrome/Reflex  
Sympathetic  
Dystrophy*



The Brighton Wheel, in the U.K. lit orange for Color The World Orange™ 2015

## What is CRPS/RSD?

Complex Regional Pain Syndrome (CRPS), also known as Reflex Sympathetic Dystrophy (RSD), is a chronic pain condition characterized by continuous, intense and often burning, pain that is out of proportion to the severity of the original injury.

Symptoms can include changes in the skin color and temperature of the affected body part, as well as skin sensitivity, sweating and swelling.

For more information about CRPS/RSD, please visit the National Institutes of Health (NIH) website at:  
[http://www.ninds.nih.gov/disorders/reflex\\_sympathetic\\_dystrophy/reflex\\_sympathetic\\_dystrophy.htm](http://www.ninds.nih.gov/disorders/reflex_sympathetic_dystrophy/reflex_sympathetic_dystrophy.htm)

## Celebrating Color The World Orange™ 2016

The third-annual Color The World Orange™ in 2016 was celebrated around the globe.

Almost 50 buildings, bridges and landmarks across the U.S., Canada, Australia and the U.K. including Niagara Falls and the Trafalgar Square fountains in London were lit orange for Color The World Orange™ 2016.

More than 70 proclamations were granted by U.S. and Canadian officials recognizing Color The World Orange™ and November as CRPS/RSD awareness month.

One supporter ran the 2016 New York City Marathon and another ran the 2016 Chicago Marathon.

There was media coverage in newspapers and on television. Color The World Orange™ was even added to the National Day Calendar!

For more highlights, visit the Color The World Orange™ website:  
[www.colortheworldorange.com](http://www.colortheworldorange.com)



## About Us

Color The World Orange™ is an annual global event held the first Monday of November to spread awareness of Complex Regional Pain Syndrome (CRPS), also known as Reflex Sympathetic Dystrophy (RSD).

The easiest way to get involved is to wear orange and share a photo on social media with the hashtag:  
**#CRPSORANGEDAY™**

Working together we can bring attention to this poorly understood condition.

Color The World Orange™ is an independent initiative and not associated with any organization.

Let's show the world that while we are in pain, we are strong!